**Damdar Kandi Pass Trek**

**Area:** Garhwal Himalayas  
**Duration:** 16 Days  
**Altitude:** Damdar Kandi Pass - 5300 meters and Bali Pass 4780 meters  
**Grade:** Challenging  
**Season:** June to September Challenging   
  
You are surely going to leave behind some of the best adventurous moments of your life time once backpacking to your city life from Damdar Kandi Pass trek. Set at an elevation of 5,604 meters, the Damdar Kandi Pass is one of the high altitude mountain passes in the Indian Himalayan region that is located in the Garhwal Himalaya and connects the two Hindu pilgrimage sites, Gangotri and Yamunotri en route to a distinct landscape that is perched with several solitude hamlets, alpine meadows and thick forest of Deodar, pine and rhododendrons. The trek to Damdar Kandi Pass further cuts across several small gushing streams and cuts through moraines and glaciated tracks that often turns out deadly. Being one of the toughest treks in the Garhwal Himalayan region, the Damdar Kandi Pass Trek involves continuous uphill and downhill trails through narrow cliffs and rocky, snaky and crazy paths. Further, the Gangotri group of peaks, Bandarpoonch and Swargarohini Peak are clearly visible on the trail to and from Damdar Kandi Pass. Moreover, the sprawling verdure of the Ruinsara Valley comes in one frame on your Damdar Kandi Pass Trekking tour in the Garhwal Himalayan region.  
  
The Damdar Kandi Pass Trek commences from Jhala, which is approximately 3-4 hours of drive from Uttarkashi. From Jhala the trail leads to the shepherd camp that passes through a thick forest along the left bank of Sian Gad. Thereafter, the trail continues upwards to Kyarkoti at 3,750 meters, which is approximately 10 kilometers away. From Kyarkoti the journey turns to be strenuous to Guntu Nala and thence head to the base of the Damdar Pass via a sprawling and beautiful alpine meadow. The journey upwards to Damdar Kandi Pass is one of the toughest treks in the Garhwal Himalayan region that follows a steep climb and later descends to Kalanag Base. The trail from Damdar Kandi Pass to Kalanag base is approximately 6 hours. From Kalanag trail downhill commences through several waterfalls to Ruinsara Tal and thereafter winds to Cross Bali Pass via Thange. The journey from Bali Pass leads to Yamunotri and thereafter wheels to Dehradun via Mussoorie.  
Being one of the toughest treks in the Garhwal Himalayan region, the journey demands some serious acclimatization to the varying altitudes. Moreover, it is recommended that the trek should be undertaken by trekkers having some prior experience of trekking, especially high altitude trekking. The best time to hit the tracks to Damdar Kandi Pass is during the summer and autumn seasons.  
  
**Itinerary:**  
  
**Day 1)**   Delhi - Haridwar - Rishikesh   
  
**Day 2)** Rishikesh - Uttarkashi(190 kms/7 hrs)   
  
**Day 3)**   Uttarkashi - Jhala (4 hrs drive)   
  
**Day 4)** Jhala - Shepherd Camp (09 Kms/3440 Mts)   
  
Day 5)   Shepherd camp - Kyarkoti (10 kms/3750 Mts)   
  
Day 6) Kyarkoti - Guntu Nala (6 hrs trek)   
  
**Day 7)**   Guntu Nala - Bugyal Camp (5 hrs trek/4650 Mts)   
 **Day 8)** Bugyal Camp - Below Pass (6 hrs trek)   
  
**Day 9)**   Below Pass - Damdar Pass (6 hrs trek)   
  
**Day 10)** Damdar Pass - Kalanag Base (6 hrs trek)   
  
**Day 11)**   Kalang Base - Ruinsara Tal (6 hrs trek)   
  
**Day 12)** Ruinsara Tal - Thange (7 hrs trek)   
  
**Day 13)**   Thange - Cross Bali Pass ACMP Damini   
  
**Day 14)** Damini - Yamunotri   
  
**Day 15)** Yamunotri - Dehradun   
  
**Day 16)** Dehradun - Delhi -