**Gangotri Nandanvan Trek**

**Location:** Garhwal Himalayas  
**Duration:** 11 Days  
**Altitude:** 4463 mts /14638 ft  
**Grade:** Moderate to tough  
**Best time to Visit:** May to October

The Gangotri to Nandanvan trek is one of the spiritual as well as adventurous journeys in the Garhwal Himalayan region. It’s just not about a pilgrimage but the colourful alpine-scapes, farfetched snow clad mountains cascading under the serene blue sky, streams trickling onto the valley from the moraines and wild ambiance simply makes it one of the beautiful treks in the Indian Himalayan region. Connecting several Hindu pilgrimage sites, the journey also exposes the mythological source of River Ganga, Gaumukh at about 4,125 meters, which is at the snout of the Gangotri Glacier and further discloses the silver crown with fantastic view of the Bhagirathi group of peaks, Jogin peak, Shivling peak and several other 6thousanders. The trek in the Garhwal Himalayan region brings you to a remote yet beautiful escape that passes through the vibrant forest of cedar and pine and slowly merges with the tricky glaciated tracks. One can spot on this trek a herd of Bharal, which is a common sight, as well as come across several colourful orchards that give a rewarding and refreshing treat to eyes. Living like a nomad for days, the journey also brings home clicks from Tapovan at 4,463 meters and Nandanvan at 4,340 meters. Tapovan and Nandanvan are two of the high altitude meadows in the Indian Himalayan region that is an abode to several Sadhus. The vicinity also pulls in several trekkers from different corner of the world.

The Gangotri Nandanvan Trek starts from Gangotri, which is at an elevation of 3,100 meters. Gangotri is one of the Hindu pilgrimage sites, which is noted for the shrine dedicated to goddess Ganga. From Gangotri the trek passes through the rich forest of pine and cedar and leads to Bhojwassa at 3,800 meters. Thereafter, the uphill trek continues to head towards Gaumukh via Chirbasa and after a day of acclimatization it ascends to Tapovan. From Tapovan the trek snakes and winds to Nandanvan via the Gaumukh glacier and over the dangerous moraine, which makes the journey difficult and strenuous. The downhill trek from Nandanvan follows the same track to Bhojwassa followed by Gangotri and thereafter leads off at Rishikesh.

The Gangotri Nandanvan Trek is considered as one of the moderate treks in the Indian Himalayan region and hence it is recommended to travellers having prior high altitude trekking experiences. Further, the best time to hit the trailing tracks to Nandanvan from Gangotri via Gaumukh and Tapovan is during the months of May and June and September and October.

**Itinerary:**

Day 01): Arrive Delhi

Day 02): Delhi - Haridwar - Uttarkashi

Day 03): Uttarkashi - Gangnani- Harsil- Bhaironghati-Gangotri

Day 04): Gangotri- Bhojwassa

Day 05): Bhojwassa - Gomukh- Tapovan

Day 06): Tapovan

Day 07): Tapovan - Nandanvan

Day 08): Nandanvan - Bhojwassa

Day 09): Bhojwassa - Gangotri-Uttarkashi

Day 10): Uttarkashi - Haridwar (170 kms/5 hrs) - Delhi

Day 11): Delhi- Transfer to airport