**Kedartal Trek**

**Region:** Garhwal Himalayas of Uttarakhand  
**Maximum Altitude:** 4912 mts  
**Grade:** Moderate to tough  
**Duration:** 10 Days  
**Season:** Mid May-June & Mid August -October  
  
One of the glacial lakes that is located at an altitude of 4,750 meters, Kedartal with its sprinkling and pristine waters is a popular trekking destination in the Garhwal Himalayan region. The lake, which is fed by the snowfall over Thalay Sagar at 6,904 meters, Meru at 6,672 meters, Bhrigupanth at 6,772 meters and other surrounding peaks, is the source of River Kedar Ganga, one of the major tributaries of River Bhagirathi. The Kedartal Trek, which is one of the spiritual treks in the Indian Himalayan region, is also a spellbinding journey for the travellers’ from all over the world. The route passes through the scenic Himalayan birch forests, alpine meadows, bubbling streams and glaciers, thus making the journey beautiful, adventurous and strenuous. All though the trek to Kedartal stretches about 17 kilometers, but the steepness of the trail and gradual ascent over 3 days as well as the altitude makes it one of the moderate treks in the Garhwal Himalayan region.   
  
The Kedartal trek commences from Gangotri at 3,415 meters. Gangotri is one of the popular Hindu pilgrimage sites and also one of the four sites in the Chota Char Dham pilgrimage circuit. The shrine that is dedicated to Goddess Gangotri is the major attraction. The trek to Kedarnath from Gangotri turns to Bhoj Kharak at 3,989 meters. Thereafter, the route follows a strenuous walk uphill that leads to Kedar Tal. For the campers it is the most unforgettable experience. From the vicinity one can capture the spectacular view of the massive Himalayan peaks that flank the lake from all sides. Being in its vicinity one will surely talk about it as a part of heaven.   
  
The Kedartal trek, being one of the moderate treks in the Garhwal Himalayan region, is recommended for trekkers having prior trekking experiences. The best time to hit the trailing tracks to Kedartal is from the month of May to early November.   
  
**Itinerary:**  
  
Day 01: Arrive Delhi  
  
Day 02 : Delhi - Haridwar - Rishikesh by bus (5h)  
  
Day 03 : Rishikesh - Uttarkashi (165 km/ 6-7 hrs)  
  
Day 04 : Uttarkashi - Gangotri (3048 m/ 10,000 ft) Drive (95 kms)  
  
Day 05 : Gangotri - Bhoj Kharak (3989 m) Trek 4 - 5 Hrs  
  
Day 06 : Kedar Kharak - Kedar Tal (4750 m) Trek 4 - 5 Hrs  
  
Day 07 : Kedar Kharak - Bhoj Kharak Trek 3 - 4 Hrs.  
  
Day 08 : Bhoj Kharak - Gangotri Trek 3 - 4 Hrs.  
  
Day 09 : Gangotri- Rishikesh - Haridwar Drive 270 kms.  
  
Day 10 : Haridwar - Delhi